



Good morning everyone,

We have had a busy week at Terrington! We loved seeing all of our children enjoying world book day on Thursday 5th. They loved learning about the importance of literature and how we take inspiration from books to help us with our learning and transport us to different places through the power of words!



KS1 loved their sporting trip to Malton school where they worked so well as part of a team. KS2 continued their practice for the performance at our celebration worship on Monday 23<sup>rd</sup> at 3pm. The children are extremely excited to share their learning and progress with you! EYFS have been working hard learning about growing this week and had lots of fun looking at how animals and plants grow. Amazing work everyone!

I hope you all have a lovely weekend!

Thanks,  
Miss Tordoff  
Head of School

### **British Science Week 2026 – Curiosity: What’s Your Question?**

Next week, our school will be taking part in **British Science Week** - a nationwide celebration of science, technology, engineering and maths.

This year’s theme is **“Curiosity: What’s Your Question?”**

Science starts with a question. Throughout the week, we will be encouraging all children to think deeply, ask thoughtful questions and explore ideas about the world around them.

#### **Early Years (Ages 3–5)**

Our youngest learners will be exploring the big question:

**“What makes children’s lives good?”**

They will be thinking about the people, places and experiences that help them feel happy, safe, healthy and loved. Through stories, discussions and creative activities, they will begin to explore what makes a positive start in life.

#### **Primary (Ages 5–11)**

Children in Years 1–6 will be considering the questions:

**“What makes children’s lives positive?”**

**“What will a positive childhood look like in the future for children your age?”**

They will explore ideas about friendship, health, technology, the environment, learning and the wider world - thinking not only about life now, but also imagining what childhood might be like in the future.

### **British Science Week Poster Competition**

We are also launching our annual **British Science Week Poster Competition!**

Children are invited to design a poster based on this year’s theme

**“Curiosity: What’s Your Question?”**

Their poster could:

- Illustrate one of this year’s key questions
- Show what makes children’s lives positive
- Imagine a positive childhood in the future
- Celebrate curiosity and asking questions

Posters can be:

- Colourful
- Creative
- Thought-provoking
- Scientific or imaginative

**Prizes will be awarded in Early Years, KS1 and KS2 categories.**

All entries to your class teacher by Monday 23<sup>rd</sup> March please and don’t forget to add your Name! We can’t wait to see the brilliant questions and creative ideas our young scientists come up with.

#### **What should I do if I am worried about a child?**

##### **How to report your safety concerns**

If you believe that a child is in immediate danger from significant harm, dial 999 to report it to the Police.

##### **How do I make a referral?**

Referrals can be made via the universal referral form or following an Early Help Assessment. Both can be located on North Yorkshire Safeguarding

Children Partnership website:

<https://www.safeguardingchildren.co.uk/professionals/forms-and-tools/>

Urgent referrals can be made via telephone to the Customer Resolution Centre on 0300 131 2 131.

or alternatively call the NSPCC Helpline: 0808 800 5000 or email:

[help@NSPCC.org.uk](mailto:help@NSPCC.org.uk)



**NORTH YORKSHIRE**  
RURAL SCHOOLS FEDERATION

# Terrington C of E Primary School

## Weekly Bulletin

Friday 6th March 2026



### Miss Skilling - EYFS and Year 1 & 2

We had such a good time on World Book Day! We had lots of fun with KS2 and shared our love of reading!

### Miss Faulkner - Year 3,4,& 6

In Key Stage 2 this week, we had so much fun on World Book Day, with so many fantastic outfits and sharing the joy for reading. Across the board it was lovely to see the children immersing themselves into the books they have enjoyed reading!



### Parent News -

#### PE Kit:

Please can you ensure your child brings their PE kit in on a Monday so that they have it in school for the days that they need it. It will be sent home every Friday. Please also look to see if all of your child's items are labelled correctly as we have a number of lost property items that do not have any names in.

#### Water bottles:

A reminder that every child should bring a named water bottle into school every day, filled with fresh water.

#### Being aware of Online Bullying – Speaking to your child:

Defined as 'ongoing hurtful behaviour towards someone online' cyber-bullying makes it's victims feel upset, uncomfortable and unsafe. In the digital world it has numerous forms – such as hurtful comments on a person's posts or profile, deliberately leaving them out of a group chat, sharing embarrassing images or videos of someone, or spreading gossip about them. Cyber-bullying can severely impact a youngperson's mental health –we are re sharing a poster with you, that provides a list of tips to help trusted adults know what to look for and how to respond to it. Please see the poster on the next page for more information.

**EASTER TENNIS**  
March 30th - April 10th - With Adam Scaife - LTA Accredited+ Coach

**MONDAY TUESDAYS & WEDNESDAYS @ AINE**

30th March	31st March, 7th April	1st, 8th April
TOTS 9am-10.30 - 3-5yrs 6-10 yrs 10.30am-12.30 - red ball 8-14 yrs 1.30-4.30 - Green/Orange	TOTS 9am-10.30 - 3-5yrs 6-10 yrs 10.30am-12.30 - red ball 8-14 yrs 1.30-4.30 - Green/Orange	TOTS 9am-10.30 - 3-5yrs 6-10 yrs 10.30am-12.30 - red ball 12+ yrs 1.30pm-4.30 - Full ball

**THURSDAYS @ KNAYTON**

**2nd, 9th April**

TOTS 9am-10.30 - 3-5yrs  
6-10 yrs  
10.30am-12.30 - red ball  
8-14 yrs  
1.30-4.30pm - Green/Orange Ball

**FRIDAY @ COXWOLD**

**10th April**

TOTS 9am-10.30 - 3-5yrs  
6-10 yrs  
10.30am-12.30 - red ball  
8-14 yrs  
1.30-4.30pm - Green/Orange Ball

**Costs**  
TOTS (90 minutes) - £10  
Red Ball (2 hrs) - £15  
Orange/Green Ball-Full Ball (3 hrs) - £20

**Locations**  
Aine Tennis Club - Bask Lane - YO61 1TJ  
Thirsk Tennis Club - Newsham Rd - YO7 1QP  
Leake Tennis Club - HRAP Knayton - YO7 4AX  
Coxwold Tennis Club - Coxwold - YO61 4AD

**Book one or multiple sessions:**  
Message/Call Adam  
07876458168  
Email: Adam\_scaife91@hotmail.com  
Social Media: @A.S.Tenniscoaching

### Dates for your diary - Terrington

<b>Sports Enhancement Day</b>	Friday 13 March
<b>Parents Evening</b>	Tuesday 17 March
<b>Parents Evening</b>	Thursday 19 March
<b>Sponsor forms to be returned by</b>	Friday 20 March
<b>Easter Service</b>	Thursday 26 March 2:30pm
<b>Last day of term</b>	Friday 27 March
<b>Students return to school</b>	Tuesday 14 April



**Terrington Church of England VA Primary School**



**NORTH YORKSHIRE**  
RURAL SCHOOLS FEDERATION

# Terrington C of E Primary School

## Weekly Bulletin

Friday 6th March 2026



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



### 1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

### 2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people you know and trust, and why passwords should always remain secret (even from our best friends).

### 3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, lumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

### 4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

### 5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if the proven's don't with the situation in exactly the way you would have hoped.

### FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

**Childline:** talk to a trained counsellor on 0800 1111 or online at [www.childline.org.uk/get-support/](http://www.childline.org.uk/get-support/)

**National Bullying Helpline:** counsellors are available on 0845 225 5787 or by visiting [www.nationalbullyinghelpline.co.uk/cyberbullying.html](http://www.nationalbullyinghelpline.co.uk/cyberbullying.html)

The NSPCC's children's charity has a guide to the signs of bullying at [www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/](http://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/) and can be reached on 0800 800 5000

### 6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent "fighting their battles for them". In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

### 7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

### 8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

### 9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

### 10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

