

# Foston CE, Terrington CE VA & Stillington Primary Schools Progression Map

## 'Love, Learn & Grow Together'




**Subject:**  
PSHE including RSE

**Golden Threads & Key Concepts:**

- Me & my relationships
- Respecting myself and others
- Me and my future
- Money & Jobs
- Healthy life styles
- Keeping myself safe
- Digital literacy
- Growing and changing

**Curriculum Enhancers:**

- Sustainability
- Creativity
- Diversity
- Community

<b>Golden Thread &amp; Key Concept</b> 	Year	EYFS	Key Stage 1	LKS2 Cycle A/B	UKS2 Cycle C/D
<b>Me &amp; my Relationships</b>	<b>A</b>	What is a relationship? X 3 Who is my family? X 3	Making relationships	Healthy relationships	Maintaining relationships
	<b>B</b>	What is a relationship? X 3 Who is my family? X 3	Roles of people in a family	Features of a family	Types of families
Respecting myself and others	<b>A</b>	What is respect and how can I show it?	What is respect?	Recognising respecting others	Respecting my body and others
	<b>B</b>	What is respect and how can I show it?	Recognising respect	Respecting similarities and differences	Expressing and Respecting points of view

<b>Me &amp; my future</b>	<b>A</b>	What I need to know and what I want to be?	What are rules?	Laws & Rights	Accountability in society
	<b>B</b>	What I need to know and what I want to be?	What is Money and its use?	Making money	Influences surrounding money
<b>My healthy life style</b>	<b>A</b>	How can I stay healthy?	Keeping my body healthy	Healthy choices and habits	Physical and Mental health care
	<b>B</b>	How can I stay healthy?	Healthy sleep & teeth	Oral hygiene	Protecting body
<b>Keeping myself safe</b>	<b>A</b>	How can I keep safe?	Safety in different environments	Risks and hazards of environments	Protecting myself in different environments and situations
	<b>B</b>	How can I keep safe?	Why do we have rules and age restrictions?	Medicines	Drug use and the law
<b>Media Literacy &amp; digital resilience</b>	<b>A</b>	How am I growing and changing?	Using the internet	How the internet and data is used	Targeting media
<b>Growing and changing - moving on</b>	<b>B</b>	How am I growing and changing?	Growing older	Physical and emotional puberty changes	Sex education and identity